

**MINUTES OF THE
FERNLEY SENIOR ADVISORY COMMITTEE MEETING
AUGUST 9, 2024**

Chair Jacqueline LaVoie called the meeting to order at 9:05 am.

1. INTRODUCTORY ITEMS

1.1. Pledge of Allegiance

1.2. Roll Call

Present: Chair Jacqueline LaVoie, Vice-Chair Denise Moorman, Committee Member Sharon Holley, Committee Member Lisa Callahan, Committee Member Debbie Skinner, Deput City Clerk Brenda Gosser, Administrative Specialist 1 Sandy Harris, City Attorney Aaron Mouritsen, Management Analyst Casey Kasten, Councilwoman Felicity Zoberski.

1.3. Public Forum

None at this time.

1.4. (For Possible Action) Approval of Agenda

Motion: I MOVE TO APPROVE THE AGENDA. **Action:** Approved. **Moved by:** Committee Member Sharon Holley, **Seconded by:** Committee Member Lisa Callahan. **Vote:** Passed, **Summary:** Yes 5. **Yes:** Committee Member Holley, Chair LaVoie, Vice-Chair Moorman, Committee Member Skinner, Committee Member Callahan.

1.5. (Possible Action) Approval of Minutes

Motion: I MOVE TO APPROVE THE MINUTES FROM JUNE 14TH. **Action:** Approved. **Moved by:** Vice-Chair Denise Moorman, **Seconded by:** Committee Member Debbie Skinner. **Vote:** Passed, **Summary:** Yes 5. **Yes:** Committee Member Holley, Chair LaVoie, Vice Chair Moorman, Committee Member Skinner, Committee Member Callahan.

2. PRESENTATIONS

2.1. Presentations from businesses and organizations in the City of Fernley who offer services and benefits to senior citizens.

Shannon Wilkinson, House Calls, shared what they provide for the seniors in our area. House Calls is a nonprofit telephone reassurance organization. For seniors who live alone, they call and verify their well-being. The way it works is House Calls calls, and they have to answer the phone and press number 1 to acknowledge that everything's okay. It is a personalized message for them. If they don't answer, the system will continue to call them every 5 minutes. If they don't answer or press the number 1 to acknowledge that they are okay, then we reach out to people that they've previously arranged with who are able to go check on them. The good thing is, when they need help, the only thing they have to do to get help is not answering the phone. The clients choose the time to have the calls come in according to their needs. House Calls also does medication reminders and a variety of other reminders, like locking their doors at night or feeding their pets. House Calls also sends handmade cards on the clients' birthday and on

Holidays. House Calls provides clients with a 72-hour emergency kit which contains toiletries, emergency food and water, a whistle, hot hands to keep them warm, emergency light sticks and flashlights, a blanket and information from the Red Cross that they can read ahead of time to know how to prepare for emergencies.

Chair Jacqueline LaVoie inquired about the cost. She also inquired about doing an article that they could put in the newsletter that will come out in the fall. Shannon Wilkinson stated that there is no charge. House Calls is a non-profit, and they rely on donations, grants and are largely funded by Nevada State Aging and Disability Division.

Committee Member Lisa Callahan inquired about the protocol if no one is listed for emergency contact.

Shannon Wilkinson stated that they allow the clients to design that, but if they have no one, then what we do is encourage them to allow us to call for a well-being check from the Sheriff's Department.

Committee Member Debbie Skinner asked how long House calls have been in the area. Shannon Wilkinson stated that House Calls has been in the area since 1996.

Committee Member Sharon Holly inquired about how donations can be made. Shannon Wilkinson stated that they accept checks or what is ever convenient. Donations can be made through the website housecallsltd.org. There is a donate now button.

Pat Hon, Rotary Club in Fernley, discussed the Senior Kindness Program. The program is in its 3rd year. When it started, it had a budget of \$500 a month. They are limited to the services they can provide due to a very limited budget. Most applications were for yard work. They have now stopped yard work because it is hard to find individuals to come and help do the yard work without wanting about \$500.00 for each yard. The program concentrates on small minor repairs and things like changing batteries in smoke detectors and installing safety items such as handbars. Rotary is reactivating the Interact Club at high school to get help. The Interact Club was a great source for getting volunteers for the Senior Kindness Program because the youngsters had the energy to do the yard work. The Interact Club ceased during the pandemic and school wasn't in session. Rotary also provides meals on holidays (Thanksgiving, Christmas and Easter) for shut ins. The biggest project is the weekend food programs. Rotary provides food for kids that have been identified by their counselors. Packets of food are prepared with the help of 6th graders at the intermediate school. Rotary also has an 8th Grade Leadership Camp and an 11th & 12th Grade Leadership Camp. Rotary meets at Reds on Thursdays. They are always looking for members.

Committee Member Debbie Skinner inquired about the criteria for the InterAct Club and if there was a way to spread the word to the different home school organizations and other different outlets. Pat Hon stated that the individual who is going to be re-activating the Interact Club is a substitute teacher and believes that this will allow her to recruit kids for the Interact Club and there were home-schooled children in the Interact Club previously. The Interact Club is open to Freshmen through Seniors.

3. GENERAL BUSINESS

3.1. (For Possible Action) Updates and discussion by Fernley Senior Citizen Advisory Committee members on the progress of a FSCAC Angel Tree for Christmas 2024.

Chair Jacqueline LaVoie and Committee Member Debbie Skinner met with Councilman Albert Torres last month and did some brainstorming and came up with the procedure that they will follow to advertise, distribute applications and make the request for people to come and pick angels off the Angel Tree. They also discussed other logistics like sign-up sheets, wrapping days and distribution dates. The starting date for applications for request is November 18th through December 13th. The distribution will be on December 20th.

Committee Member Debbie Skinner stated that they also discussed limiting the number of applicants depending on the budget, so that if not all the angles were picked, they would be able to fulfill all the applications. She also asked about the Fan Giveaway that was discussed.

Chair Jacqueline LaVoie stated that they will advertise the Angel Tree in the Newsletter, at the Senior Center and various places so people will know there are applications. The applications will be limited to 50. Each angel will be numbered with the application number and 3 items that are listed on the application. Once the donor comes and takes an angel, they will go and shop for the items listed on the angel. They will bring the items back, unwrapped. The committee will then wrap the gift and contact the recipient to pick up the gift on December 20th. The location of pickup has not been determined. She also stated that the Fan Giveaway would be discussed at the next meeting. The Committee will want to think about implementing the Fan Giveaway in the spring so as to have it for the seniors before next summer.

Casey Kasten, Management Analyst, will provide a report on the budget and how much is left after the 4th of July, ice cream, newsletter and resource guides.

3.2. (For Possible Action) Updates and discussion by Fernley Senior Citizen Advisory Committee members on the progress of organizing a Senior Expo/Resource Fair.

Committee Member Lisa Callahan stated that she had been in contact with Stacey Stewart at the County who's going to be in charge of the Health and Wellness Fair for the County next May. They will be meeting in September to work out details.

3.3. (For Possible Action) Updates and discussion by Fernley Senior Citizen Advisory Committee members on the progress of organizing a maintenance program for the Desert Memorial Garden Cemetery in Fernley.

Committee Member Sharon Holley stated that she had received ideas from the committee, so now the committee needs to set a date to meet with Councilman Albert Torres and Public Works Director Barry Williams. She also suggested contacting the detention center or the jail to get people to help. The Mayor is getting the cleanup started with the Mayor's Clean Sweep on August 24th.

Chair, Jacqueline LaVoie stated that once the subcommittee has met with Councilman Torres and Public Works Director Barry Williams, then they need to bring something back to this committee for them to agree on how they want to move forward before it is presented to the city for modification of the ordinance.

Casy Kasten, Management Analyst, stated that he would follow up Councilman Torres and Public Works Director Williams. They're the ones that are going to take those recommendations and ideas, and then turn that into a City Council Agenda item. Hopefully, they can change ordinances where the city can clean up those mementos and things that people leave on markers that end up staying there for a long time. We would have to change the ordinance, and then we'd have to let the public know that this is what will happen. With the Mayor's Clean Sweep on the 24th with the volunteer workers, it will give us the opportunity to stay on top of that. Other things that they are looking into are getting some new row markers/blocks. When Public Works comes up with what that might look like, they will get that in front of the committee to see and be okay with it before they actually go out and purchase any of those markers/blocks.

Committee Member Lisa Callahan suggested getting help from high school students that need community service hours.

Councilwoman Felicity Zoberski suggested reaching out to the youth sports leagues, because it would be really nice if we could share that responsibility throughout our youth sports. They could alternate softball for one month and football the next month. Bringing our seniors and our youth together would be a positive thing.

4. STAFF REPORTS

4.1. City Council Liaison report on the proposed activities for the Mayor's Clean Sweep on August 24, 2024.

Casey Kasten, Management Analyst, stated that some of the things they'd like to do on the Mayor's Clean Sweep on August 24th, with the help of the volunteers that can be generated between now and then, is pull the weeds around the plots and get the grooming done that the city hasn't been able to get to. They're going to paint the old gazebo. They are possibly putting some wood chips around the trees to help keep the weeds down.

Chair Jacqueline LaVoie, asked if people really had to RSVP for the event or if they could just show up.

Casey Kasten, Management Analyst, stated that they would prefer RSVP's so they have a count for the lunch that is going to be provided and the equipment needed. Volunteers will not be turned away if they do not RSVP. They prefer to avoid a situation where they expect 7 people and end up with 29 and vice versa.

5. ITEMS REQUESTED BY COMMITTEE MEMBERS

5.1. Subcommittee report on the proceedings of the Fernley Fourth of July event held at the Out-of-Town Park on July 4, 2024.

Committee Member Sharon Holley thanked Casey Kasten and the city crew for getting everything all set up. Casey ordered the greatest stuff and there is enough left over to help with next year.

6. ADDRESS REQUEST(S) FOR FUTURE AGENDA ITEMS

Committee Member Debbie Skinner would like to discuss the Fan Giveaway program and discuss Spooktacular.

Committee Member Sharon Holley would like an update on the voluntary cleanup program for the cemetery.

Chair Jacqueline would like to have the North Lyon County Fire Department come and talk about their senior programs and the giveaways they have which notify people of their prescriptions.

Committee Member Debbie Skinner will coordinate with Casey Kasten and the North Lyon County Fire Department to confirm that they can be at the October meeting,

Vice-Chair Denise Moorman would like an update on the Angel Tree.

Committee Member Lisa Callahan will have an update on the Expo.

7. PUBLIC FORUM

None at this time.

8. ADJOURNMENT

There being no further business to come before it, the Fernley Senior Citizens Advisory Committee meeting adjourned at 10:05 am.

Approved by the Fernley Senior Citizen Advisory Committee on October 11, 2024, by a vote of:

AYES 4 NAYS: 0 ABSTENTIONS: 0 ABSENT: 1

Jacqueline C. LaVoie
Chairwoman Jacqueline LaVoie

[Signature]
ATTEST