

**MINUTES OF THE
FERNLEY SENIOR ADVISORY COMMITTEE MEETING
MAY 12, 2023**

Chair Jewell McCullar called the meeting to order at 09:03 AM at Fernley City Hall, 595 Silver Lace Blvd., Fernley, NV 89408.

1. INTRODUCTORY ITEMS

1.1. Roll Call

Present: Chairman Jewell McCullar, Vice Chair Jacqueline LaVoie, Committee Member Sharon Holley, Committee Member Thomas Burrous, Deputy City Clerk Brenda Gosser, Administrative Specialist I Sandy Harris, Administrative Specialist II Reba Skinner, Councilman Albert Torres, Deputy City Attorney Aaron Mouritsen **Absent:** Committee Member Denise Moorman

1.2. Public Forum

None

1.3. (For Possible Action) Approval of Agenda

Motion: MOTION TO APPROVE AGENDA **Action:** Approved. **Moved by:** Vice Chair LaVoie, **Seconded by:** Committee Member Burrous. **Vote:** Passed. **Summary:** Yes 4. **Yes:** Chairman McCullar, Vice Chair LaVoie, Committee Member Holley, Committee Member Burrous,

1.4. (For possible action) Approval of the Minutes

Motion: MOTION TO APPROVE MINUTES **Action:** Approved. **Moved by:** Vice Chair LaVoie, **Seconded by:** Committee Member S Holley. **Vote:** Passed. **Summary:** Yes 3, Abstained 1. **Yes:** Chairman McCullar, Vice Chair LaVoie, Committee Member Holley. **Abstain:** Committee Member Burrous. Committee Member Thomas Burrous abstained from voting due to the fact he was not present at the last meeting and did not have the minutes.

2. PROCLAMATIONS

2.1. Older Americans Month

Chairman Jewel McCullar read the proclamation for Older Americans Month.

3. REPORTS

Vice Chair LaVoie reported on the Communications Committee. The next newsletter in July will be mailed with the water bill. The committee is currently working on the resource guide, also working on a flyer to have for the July 14 meeting and will distribute it to various bulletin boards around town.

Committee Member Burrous reported on the Activities Committee. The ice cream social at the Senior Center had around 44 attendees and the survey was given out. They are currently working on the 4th of July budget. Would like to have a banner for the 4th of July event.

Chairman McCullar reported on the Partnership Committee. He stated that the ice cream social was a success. After speaking with the attendees from the workshop held on April 14, 2023, the workshop was a success, and would like to do another. The Committee discussed the reluctance of seniors to get involved. He asked about getting a permanent banner for the table at the Senior Center. He will get the cost of a banner and table cloth. On June 16, 2023, 10:00 am-1:00 pm there will be a Health Fair at the Fernley Senior Center, sponsored by Lyon County HR, and the committee is invited to have a table and make a presentation. Committee Member Burrous stated that he would cover the Health Fair along with Committee Member Holley and Committee Member Moorman.

Vice Chair LaVoie stated that there was some discussion at the workshop on having them twice a year. The attendees would like to rotate the hosting of the workshops, and the representatives from Sparks said they would attend one held in Fallon.

4. PRESENTATIONS

4.1. Presentation on Dementia Engagement, Education, and Research Program

Committee Member Burrous introduced Jennifer Williams, Program Coordinator for the Dementia Engagement, Education and Research Program. Jennifer presented the different programs around NV. There are 4 locations in Lyon County that include Fernley, Silver Springs, Dayton and Yerington. She went over some of the activities that were going on in the different counties.

Vice Chair LaVoie asked to have the Lyon County staff contact Fernley Senior Citizens Advisory Committee when they are having meetings, when announcements are made, and advertise at the Fernley Senior Center when events are being held in Fernley.

Chairman McCullar thanked Jennifer Williams for her presentation and for all the resources that are being made available to Fernley.

5. STAFF REPORTS

5.1. (For possible action) Ratification of the funds spent on purchasing ice cream for the Ice Cream Social held at the Senior Center On May 11th, 2023

The amount spent on ice cream for the Ice Cream Social at the Fernley Senior Center was \$58.33.

Motion: MOTION TO APPROVE THE \$58.33 AMOUNT SPENT FOR THE ICE CREAM SOCIAL HELD ON MAY 11, 2023. **Action:** Approved. **Moved by:** Committee Member S Holly, **Seconded by:** Vice Chair LaVoie, **Vote:** Passed. **Summary:** Yes 4. **Yes:** Chairman McCullar, Vice Chair Jacqueline LaVoie, Committee Member Holly, Committee Member Burrous.

5.2. (For possible action) Review results from the survey that was taken during the Ice Cream Social held at the Senior Center on May 11th, 2023.

Chairman McCullar gave the results of the Fernley Senior Citizens Advisory Committee Survey that was handed out at the ice cream social. There were 44 surveys returned. The number one concern was the transportation system: to/from doctor or other medical appointments, the store, the senior center, local public events. The second top concern was nutrition: shopping, cooking, eating. The committee will convey the results to the City Council. The committee needs to be more visible to the community by having more activities and interaction with senior citizens' groups.

Vice-Chair LaVoie stated that the survey was good and covered virtually everything that we could possibly think of to ask the seniors and their response was overwhelming. She suggested having the survey available at events, like the 4th of July, and leaving copies of the survey at the Senior Center. Would also like to see more events at the Senior Center, not just the committee meetings.

Committee Member Burrous stated that the survey was a good snapshot from the people at the senior center. We need to do a bigger survey with more responses before we act on any items in the survey. Would like to see the survey put in the water bill.

5.3. (For possible action) Discussion to hold the July 14th Fernley Senior Citizen Advisory Committee Meeting at the Fernley Senior Center (pending City Council approval).

Motion: MOTION TO HOLD JULY 14, 2023 MEETING AT THE SENIOR CENTER. **Action:** Approved. **Moved by:** Committee Member Holly, **Seconded by:** Committee Member Burrous. **Vote:** Passed. **Summary:** Yes 4 **Yes:** Chairman McCullar, Vice Chair LaVoie, Committee Member Holly, Committee Member Burrous.

5.4. (For possible action) Discussion regarding participating in the Fernley 4th of July events (Parade, information table at the park, etc).

Committee Member Burrous would like to participate in the 4th of July events with a booth and have the proposed handouts, along with the survey and newsletter. He suggested just participating with the booth and not the parade.

Vice Chair Jacqueline agreed with doing the booth only, but would consider a side-by-side or classic car.

Chairman McCullar stated he would be happy to walk the parade with a banner. He stated that the committee needs to be more visible and the parade is a good way to do it. He suggested using his side-by-side with a banner.

Fees to participate in the parade and having a booth were discussed.

5.5. (For possible action) Discussion regarding setting a budget to participate in the Fernley 4th of July events and possible giveaways.

Deputy City Attorney Aaron Mouritsen stated that the fee for the Parade is \$30.00, booth is \$50.00 for 12 x 12 for not-for-profit and an additional \$20.00 if you want a premium space.

Committee Member Thomas Burrous presented different hand-outs that they could use at the booth:

(1) Patriotic Family Fun Kit - 120 pieces with a variety of necklaces, flags, fans, sunglasses, etc. - 2 orders for just little under \$140.00

(2) Glow sticks - 198 pieces - about \$76.00

(3) Other supplies:

-Candy

-pop-up from the City

-fold up tables

-6 chairs

-2 smaller banners for the parade; 2 x 6 banner (Fernley Senior Citizen Advisory Committee) for the booth; 2 - 8ft. table cloths - one patriotic (red, white & blue) for the 4th of July and one with Fernley Senior Citizen Advisory Committee for all occasions/meetings.

Chair McCullar will get prices for banners and tablecloths.

Motion: MOVE TO SET BUDGET NOT TO EXCEED \$700. TO PARTICIPATE IN THE FERNLEY 4TH OF JULY EVENTS AND GIVEAWAYS. **Action:** Approved. **Moved by:** Vice Chair Jacqueline LaVoie, **Seconded by:** Committee Member Thomas Burrous. **Vote:** Passed. **Summary:** Yes 4. **Yes:** Chairman Jewell McCullar, Vice Chair Jacqueline LaVoie, Committee Member Sharon Holley, Committee Member Thomas Burrous

6. ADDRESS REQUEST(S) FOR FUTURE AGENDA ITEMS

None

7. PUBLIC FORUM

None

8. ADJOURNMENT

There being no further business to come before it, the Fernley Senior Citizen Advisory Committee meeting adjourned at 10:16 am.

Approved by the Fernley Senior Citizen Advisory Committee on July 14, 2023, by a vote of:

AYES 5 NAYS: 0 ABSTENTIONS: 0 ABSENT: 0

Jacqueline C. LaVoie
Chairman Jewell McCullar

B. Gosses
ATTEST:

44 Returned

FERNLEY SENIOR CITIZENS ADVISORY COMMITTEE SURVEY

1. Please circle one: Gender Age group
- | | Male | Female | 50-60 | 60 to 70 | 70+ |
|--|------|--------|-------|----------|-----|
| | 16 | 24 | 1 | 10 | 32 |
2. How long have you lived in Fernley?
- Under 1 year 2 1-5 years 6 5-10 years 46 Over 10 years 33
3. Do you intend to remain in Fernley for the foreseeable future? YES NO
- 43 1
4. How would you rate our community as a place for senior citizens to live.
- Excellent 8 Good 31 Poor 4 Unacceptable 0
5. What do you know about the Fernley Senior Citizens Advisory Committee?
- Nothing !!
6. What services do you need most (circle all that apply):
- 3 a. Personal care: Assistance with daily activities such as bathing, dressing, grooming
- 2 b. Mobility: Moving around, walking
- 9 c. Nutrition: Shopping, cooking, eating
- 1 d. Medication: Managing schedule of pills / dosages
- 10 e. Transportation: To/from doctor or other medical appointments, the store, the senior center, local public events
- 4 f. Healthcare: Power of attorney to trusted person to help with challenges of medical care, person to attend medical appointments with you to help understand directives
- 5 g. Money: Managing, budgeting, planning, identifying scams
- 4 h. Safety / security: Accidents such as falling, reminders to lock doors to home and car, home alarm system
- 5 i. Social: Loneliness, isolation
- 4 j. Other: Home caregiver or companion, help for family or caregiver(s)
7. Are you able to find service providers (contractors, doctors, lawn care, etc)? YES NO
- 35 5

8. Are you able to maintain an active lifestyle? YES NO
42 2
If not why?

9. Are you able to access the parks in Fernley? YES NO
38 3
How can the parks be improved to facilitate use by senior citizens?

Benches walking Paths
Landscaping

10. How do you access information about upcoming activities and events in our community?

Senior Center 10
internet

11. Is there anything that the City of Fernley can do to help improve the quality of life of our senior citizens?

Bus 8
help w/ home + yard work 3
affordable Housing 2