

**MINUTES OF THE  
FERNLEY SENIOR ADVISORY COMMITTEE MEETING  
AUGUST 12, 2022**

**1. INTRODUCTORY ITEMS**

Chair JF McCullar called the meeting to order at 09:00 AM at Fernley City Hall, 595 Silver Lave Blvd., Fernley, NV 89408.

**1.1. Roll Call**

**Present:** SCAC Chairman McCullar, Committee Member Burrous, SCAC Vice Chair LaVoie, Committee Member Holley.

**1.2. Public Forum**

There were none.

**1.3. (For Possible Action) Approval of Agenda**

**Motion:** MOVE TO APPROVE THE AGENDA. **Action:** Approve, **Moved by** Committee Member Thomas Burrous, **Seconded by** SCAC Vice Chair Jacqueline LaVoie. **Vote:** Passed, **Summary:** Yes 4. **Yes:** SCAC Chairman McCullar, Committee Member Holley, Committee Member Burrous, SCAC Vice Chair LaVoie.

**1.4. (For Possible Action) Approval of Minutes from June 10th.**

**Motion:** MOVE TO APPROVE THE MINUTES FROM JUNE 10TH. **Action:** Approve, **Moved by** SCAC Vice Chair Jacqueline LaVoie, **Seconded by** Committee Member Sharon Holley. **Vote:** Passed, **Summary:** Yes 4. **Yes:** SCAC Chairman McCullar, Committee Member Holley, Committee Member Burrous, SCAC Vice Chair LaVoie.

**2. REPORTS**

**2.1. Committee and Subcommittee reports.**

Committee Member Tom Burrous commented on the 4<sup>th</sup> of July event and spoke about the newsletters and giveaways from the committee booth there. He thanked the staff and Sharron as well as Liaison Albert Torres.

Vice Chair Jacqueline LaVoie reported progress about the newsletter and resource guide.

Chair JF McCullar spoke about the new staff at the Senior center.

**2.2. City Council Liaison and staff liaison reports.**

Liaison Torres did not have anything to report.

**3. PRESENTATIONS**

**3.1. Presentations from businesses and organizations in the City of Fernley who offer**

### **services and benefits to senior citizens.**

Nicole Cameron, employment coordinator from Lyon County Schools, spoke about a class that is offered called workplace learning that allows them to explore different types of careers that might be a good fit for them.

Katie Mendoza from Health Benefits Associates presented services available to seniors, especially those who are Medicare eligible. She explained that she connects seniors with the right plan that would suit their specific needs and the services provided by Health Benefits Associates are at no cost to the client.

Silvia Voegler, certified coach for healthy eating habits and lifestyles from Optavia Independent presented information about meal planning that was designed to help keep insulin levels low and manage health with food alone. She also explained that they have more programs for other age groups as well.

## **4. STAFF REPORTS**

### **4.1. Possible discussion and action regarding the vacant seat on the Senior Citizen Advisory Committee including but not limited to appointment, term, Senior Citizen Advisory Subcommittee appointment, etc.**

Administrative Specialist April Homme reported a vacancy on the Senior Citizen Advisory Committee and that the city is accepting applications for the committee which are available at the City Clerk's Office. Applicants may contact the Assistant to the City Manager Trisha Connor at 775-784-9851 for any questions. The opening is posted on the city website at [cityoffernley.org](http://cityoffernley.org). She said the first meeting the applicant would attend would be October 14th.

## **5. ADDRESS REQUEST(S) FOR FUTURE AGENDA ITEMS**

JF McCullar suggested skipping the September meeting and reconvening on the second Friday of October.

Committee member Tom Burrous requested to get more information from Reno/Sparks committee and arrange a meeting with them.

## **6. PUBLIC FORUM**

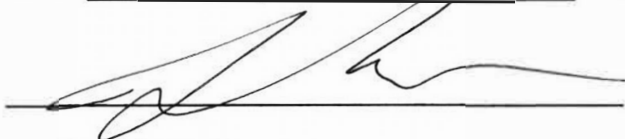
There were none.

## **7. ADJOURNMENT**

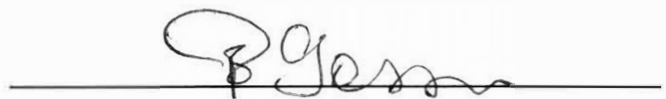
There being no further business to come before it, the Fernley Senior Citizen Advisory meeting adjourned at 10:16 AM.

Approved by the Fernley Senior Citizen Advisory Committee on October 14, 2022, by a vote of:

AYES 5 NAYS: 0 ABSTENTIONS: 0 ABSENT: 0



Chair JF McCullar



Deputy City Clerk Brenda Gosser