



N E V A D A

AGENDA
Regular Meeting
Senior Advisory Committee
Friday, October 14, 2022 • 9:00 AM

Members

Jewell McCullar Chairman
Jacqueline LaVoie - Vice Chair
Sharon Holley - Board Member
Denise Moorman - Board Member
Thomas Burrous - Board Member

Fernley City Council Chambers, 595 Silver Lace Boulevard, Fernley, NV 89408

Zoom information:

Please click the following link to join the webinar: <https://us02web.zoom.us/j/82966343247>, or one tap mobile: 12532158782, Dial: 669 900 9128, Webinar ID: 829 6634 3247

Public Notice: This agenda has been physically posted in compliance with 241.020 at Fernley City Hall, 595 Silver Lace Blvd. In addition, this agenda has been electronically posted in compliance with NRS 241.020(3) at www.cityoffernley.org and NRS 232.2175 at <https://notice.nv.gov/> To obtain further documentation regarding posting, please contact the City Clerk's Office at (775) 784-9830 or cityclerk@cityoffernley.org

Public Comment: Those wishing to address the Committee may submit public comment through the online public comment form found at <https://www.cityoffernley.org/forms>, or by sending an email to cityclerk@cityoffernley.org. Comments received prior to 4:00 pm the day before the meeting will be provided to the Committee and added to the record but will not be read during the live meeting. Public comments received after 4 pm the day before the meeting will be included in the record but may not reach committee members before action is taken. Public comment, whether on action items or public comment, is limited to three (3) minutes per person. Unused time may not be reserved by the speaker, nor allocated to another speaker. The public may comment on any matter that is not specifically included on an agenda as an action item or comment on a specific agenda item. Items not included on the agenda cannot be acted upon other than to place them on a future agenda. Additionally, if you wish you can comment in person at the meeting or use the Raise your Hand feature in Zoom (*9 if you are participating via phone).

Accommodations: The Committee and staff will make reasonable efforts to assist and accommodate individuals with disabilities desiring to attend the meeting. Please contact the City Clerk's Office at (775) 784-9830 in advance so that arrangements can be made.

Supporting Material: Staff reports and supporting material for the meeting are available at the City Clerk's Office, and on the City's website at www.cityoffernley.org Pursuant to NRS 241.020(6), supporting material is made available to the general public at the same time it is provided to the Committee.

Order of Business: The presiding officer shall determine the order of the agenda. The Fernley Senior Citizen Advisory Committee may combine two or more agenda items for consideration; remove an item from the agenda; or delay discussion relating to an item on the agenda at any time. All items are action items unless otherwise noted. Items scheduled to be heard at a specific time will be heard no earlier than the stated time but may be heard later.

1. INTRODUCTORY ITEMS

1.1. Roll Call

1.2. Public Forum

1.3. (For Possible Action) Approval of Agenda

1.4. (For Possible Action) Approval of Minutes from August 12, 2022

2. REPORTS

2.1. Committee and Subcommittee reports.

2.2. City Council Liaison and staff liaison reports.

3. PRESENTATIONS

3.1. Presentations from businesses and organizations in the City of Fernley who offer services and benefits to senior citizens.

4. ADDRESS REQUEST(S) FOR FUTURE AGENDA ITEMS

5. PUBLIC FORUM

6. ADJOURNMENT

Next Meeting: December 9, 2022 at 9 am

**MINUTES OF THE
FERNLEY SENIOR ADVISORY COMMITTEE MEETING
AUGUST 12, 2022**

1. INTRODUCTORY ITEMS

Chair JF McCullar called the meeting to order at 09:00 AM at Fernley City Hall, 595 Silver Lave Blvd., Fernley, NV 89408.

1.1. Roll Call

Present: SCAC Chairman McCullar, Committee Member Burrous, SCAC Vice Chair LaVoie, Committee Member Holley.

1.2. Public Forum

There were none.

1.3. (For Possible Action) Approval of Agenda

Motion: MOVE TO APPROVE THE AGENDA. **Action:** Approve, **Moved by** Committee Member Thomas Burrous, **Seconded by** SCAC Vice Chair Jacqueline LaVoie. **Vote:** Passed, **Summary:** Yes 4. **Yes:** SCAC Chairman McCullar, Committee Member Holley, Committee Member Burrous, SCAC Vice Chair LaVoie.

1.4. (For Possible Action) Approval of Minutes from June 10th.

Motion: MOVE TO APPROVE THE MINUTES FROM JUNE 10TH. **Action:** Approve, **Moved by** SCAC Vice Chair Jacqueline LaVoie, **Seconded by** Committee Member Sharon Holley. **Vote:** Passed, **Summary:** Yes 4. **Yes:** SCAC Chairman McCullar, Committee Member Holley, Committee Member Burrous, SCAC Vice Chair LaVoie.

2. REPORTS

2.1. Committee and Subcommittee reports.

Committee Member Tom Burrous commented on the 4th of July event and spoke about the newsletters and giveaways from the committee booth there. He thanked the staff and Sharron as well as Liaison Albert Torres.

Vice Chair Jacqueline LaVoie reported progress about the newsletter and resource guide.

Chair JF McCullar spoke about the new staff at the Senior center.

2.2. City Council Liaison and staff liaison reports.

Liaison Torres did not have anything to report.

3. PRESENTATIONS

3.1. Presentations from businesses and organizations in the City of Fernley who offer

services and benefits to senior citizens.

Nicole Cameron, employment coordinator from Lyon County Schools, spoke about a class that is offered called workplace learning that allows them to explore different types of careers that might be a good fit for them.

Katie Mendoza from Health Benefits Associates presented services available to seniors, especially those who are Medicare eligible. She explained that she connects seniors with the right plan that would suit their specific needs and the services provided by Health Benefits Associates are at no cost to the client.

Silvia Voegler, certified coach for healthy eating habits and lifestyles from Optavia Independent presented information about meal planning that was designed to help keep insulin levels low and manage health with food alone. She also explained that they have more programs for other age groups as well.

4. STAFF REPORTS

4.1. Possible discussion and action regarding the vacant seat on the Senior Citizen Advisory Committee including but not limited to appointment, term, Senior Citizen Advisory Subcommittee appointment, etc.

Administrative Specialist April Homme reported a vacancy on the Senior Citizen Advisory Committee and that the city is accepting applications for the committee which are available at the City Clerk’s Office. Applicants may contact the Assistant to the City Manager Trisha Connor at 775-784-9851 for any questions. The opening is posted on the city website at cityoffernley.org. She said the first meeting the applicant would attend would be October 14th.

5. ADDRESS REQUEST(S) FOR FUTURE AGENDA ITEMS

JF McCullar suggested skipping the September meeting and reconvening on the second Friday of October.

Committee member Tom Burrous requested to get more information from Reno/Sparks committee and arrange a meeting with them.

6. PUBLIC FORUM

There were none.

7. ADJOURNMENT

There being no further business to come before it, the Fernley Senior Citizen Advisory meeting adjourned at 10:16 AM.

Approved by the Fernley Senior Citizen Advisory Committee on October 14, 2022, by a vote of:

AYES _____ NAYS: _____ ABSTENTIONS: _____ ABSENT: _____

Chair JF McCullar

Deputy City Clerk Brenda Gosser



CITY OF FERNLEY

Senior Advisory Committee AGENDA REPORT

Meeting Date: October 14, 2022

REPORT TO: Mayor and City Council

REPORT FROM:

FINANCIAL IMPACT:

Yes:

No:

CURRENTLY BUDGETED:

Yes:

No:

FUND/ACCOUNT:

ACTION REQUESTED:

AGENDA ITEM: (For Possible Action):

Committee and Subcommittee reports.

AGENDA ITEM BRIEF:

RECOMMENDED MOTION:

BUSINESS IMPACT (per NRS Chapter 237):

See attached report for background, analysis, alternatives.

ALTERNATIVES:

BACKGROUND:

RELEVANT LAWS, STATUTES, AND REGULATIONS:

FINANCIAL IMPLICATIONS:

ATTACHMENTS:

None



CITY OF FERNLEY

Senior Advisory Committee AGENDA REPORT

Meeting Date: October 14, 2022

REPORT TO: Mayor and City Council

REPORT FROM:

FINANCIAL IMPACT:

Yes:

No:

CURRENTLY BUDGETED:

Yes:

No:

FUND/ACCOUNT:

ACTION REQUESTED:

AGENDA ITEM: (For Possible Action):

City Council Liaison and staff liaison reports.

AGENDA ITEM BRIEF:

RECOMMENDED MOTION:

BUSINESS IMPACT (per NRS Chapter 237):

See attached report for background, analysis, alternatives.

ALTERNATIVES:

BACKGROUND:

RELEVANT LAWS, STATUTES, AND REGULATIONS:

FINANCIAL IMPLICATIONS:

ATTACHMENTS:

None