

**MINUTES OF THE
FERNLEY SENIOR ADVISORY COMMITTEE MEETING
APRIL 8, 2022**

Chair JF McCullar called the meeting to order at 09:00 AM at Fernley City Hall, 595 Silver Lave Blvd., Fernley, NV 89408.

1. INTRODUCTORY ITEMS

1.1. Roll Call

Present: FSCAC Chairman McCullar, FSCAC Vice Chair LaVoie, Committee Member Burrous, Committee Member Holley, Committee Member Wheeler, FSCAC Liaison Albert Torres, Deputy City Attorney Aaron Mouritsen, Assistant to the City Manager Trisha Conner, City Clerk Kim Swanson, Administrative Assistant Bailie Scott.

1.2. Public Forum

FSCAC Chair McCullar opened a public forum. No comments were provided during this time.

1.3. (For possible action) Approval of Agenda

Motion: MOVE TO APPROVE THE 4/8/22 FSCAC Agenda. **Action:** Approve, **Moved by** FSCAC Vice Chair Jacqueline LaVoie, **Seconded by** Committee Member Sharon Holley. **Vote:** Passed, **summary:** Yes 5, No 0, Abstained 0. **Yes:** FSCAC Chairman McCullar, Committee Member Holley, Committee Member Burrous, FSCAC Vice Chair LaVoie, Committee Member Cobb, **No:** None, **Abstain:** None.

1.4. (For possible action) Approval of Minutes from March 11, 2022

Motion: MOVE TO APPROVE MINUTES FROM MARCH 11, 2022. **Action:** Approve, **Moved by** Committee Member Sherryl Wheeler, **Seconded by** FSCAC Vice Chair Jacqueline LaVoie. **Vote:** Passed, **summary:** Yes 5, No 0, Abstained 0. **Yes:** FSCAC Chairman McCullar, Committee Member Holley, Committee Member Burrous, FSCAC Vice Chair LaVoie, Committee Member Wheeler, **No:** None, **Abstain:** None.

2. REPORTS

Committee Member Sherryl Wheeler spoke about the 4th of July Committee meeting and said the FSCAC will have a table at the park on 4th of July.

Chair JF McCullar met with Stephanie Wolf from Senior Center. She said FSCAC can utilize their facility and contacts to facilitate meetings. They are having a barn dance on April 16th. Chair McCullar said the FSCAC Luncheon is scheduled for 4/28/22 at 11:30 AM and they were invited to have the ice cream social at the senior center as well as an FSCAC meeting at the Senior Center. He is looking into the logistics and legalities of hosting meetings there.

Assistant to the City Manager Trisha Conner reported that Coffee with the Mayor will be next Tuesday, April 12th, at 6 PM in council chambers. City Council approved the Fiscal year 2022 Budget which included \$2,500 for this committee.

3. PRESENTATIONS

3.1. Presentations from businesses and organizations in the City of Fernley who offer services and benefits to senior citizens.

Lea Allen and Karen Pugh came to speak from Fitness for 10. Leah reported that you need to be a member to go to their gym and insurance may cover the cost of the membership. \$34/month covers equipment and classes. She stated that both of them are personal trainers and will create plans for each individual. She said they are hired individually, separate from the cost of the gym and are not covered by health insurance.

Fitness for 10 trainer, Karen, provided a testimonial on her experience with hiring a personal trainer. She would like to offer the same services to senior citizens. All trainers will work 1 on 1 with individuals. Will try to work with payments and offer a payment plan to get the help needed. She thanked FSCAC for the opportunity to speak and stated she love to meet with the seniors at the senior center and do a sample workout with them.

Sonia Ruiz, Assistant Director of the Medicare Assistance Program, and Susana Ramirez, Program Outreach and Volunteer Coordinator, provided a presentation on Medicare improvements for patients and providers through AHN (Access to Healthcare Network). Appointments with Medicare counselors are available to help decide on the price that works best for patients with needed coverage. These counselors are available on a monthly basis on the 4th Thursday of every month and can help with questions about billing errors.

Alisha Campbell, from Big Brothers Big Sisters, provided a presentation on the services that Big Brothers Big Sisters offers to the community and how to get involved. The 4th Thursday of every month is when BBBS is in Fernley to answer questions and get people enrolled. She stated that time with kids is prioritized over expense to make sure the kids are having meaningful interactions and experiences.

3.2. (For possible action) Presentation to update the Committee regarding the Senior Citizen Advisory Committee newsletter.

Assistant to the City Manager Trisha Conner explained how the City newsletter works. She said the Senior Citizen Advisory Committee newsletter could be published on a quarterly basis (Jan, April, July, Dec) and committee members would need to send articles and photos they would like in the newsletter to Trisha. Authorization would be needed if anything is being said on behalf of the committee.

Motion: MOVE TO DIRECT STAFF TO MOVE FORWARD WITH THE SENIOR CITIZEN ADVISORY COMMITTEE QUARTERLY NEWSLETTER PROCESS AS PRESENTED AND DISCUSSED. **Action:** Approve, **Moved by** FSCAC Vice Chair Jacqueline LaVoie, **Seconded by** Committee Member Sherryl Wheeler. **Vote:** Passed, **summary:** Yes 5, No 0, Abstained 0. **Yes:** FSCAC Chairman McCullar, Committee Member Holley, Committee Member Burrous, FSCAC Vice Chair LaVoie, Committee Member Wheeler, **No:** None, **Abstain:** None.

4. GENERAL BUSINESS

There were none.

5. STAFF REPORTS

5.1. (For possible action) Discussion regarding designating May 2022 as Older Americans Month and ensuing activities.

Assistant to the City Manager Trisha Conner presented this item which designated May 20, 2022 as older Americans month and ensuing activities. Trisha asked the committee for ideas for activities. She stated that the Lyon County Senior Center had sent over a proclamation for Older Americans' Month. Trisha would call Stephanie to see the best date and time to have the ice cream social at the senior center.

Committee Member Tom Burrous suggested a Movie Night at the Senior Center and that staff are look into a dance for next year.

Assistant to the City Manager Trisha Connor spoke about Older Americans Month and the activities the city has planned. An Ice Cream social will be planned in May with the help of the Senior Center. She stated she would be in contact with Stephanie Wolf at the Senior Center to make preparations.

Motion: MOVE TO DESIGNATE THE MONTH OF MAY AS OLDER AMERICANS MONTH AND DIRECT STAFF TO REACH OUT TO THE SENIOR CENTER TO GET A DAY AND TIME FOR THE ICE CREAM SOCIAL. **Action:** Approve, **Moved by** Committee Member Thomas Burrous, **Seconded by** Committee Member Sherryl Cobb. **Vote:** Passed, **summary:** Yes 5, No 0, Abstained 0. **Yes:** FSCAC Chairman McCullar, Committee Member Holley, Committee Member Burrous, FSCAC Vice Chair LaVoie, Committee Member Cobb, **No:** None, **Abstain:** None.

5.2. (For possible action) Discussion to establish a Senior Citizen Advisory Committee hotline.

Assistant to the City Manager Trisha Conner recalled that the FSCAC has discussed creating a hotline. She suggested using Trisha's line instead of a hotline. She also suggested calling it a suggestion line rather than a hotline. Trisha would receive messages then forward them to the committee.

Chair JF McCullar said that if the volume becomes too much for Trisha's line, the committee could discuss a separate line later.

Motion: MOVE TO SET UP A HOTLINE FOR THE SENIORS. **Action:** Approve, **Moved by** Committee Member Sherryl Wheeler, **Seconded by** Committee Member Sharon Holley. **Vote:** Passed, **summary:** Yes 5, No 0, Abstained 0. **Yes:** FSCAC Chairman McCullar, Committee Member Wheeler, Committee Member Burrous, FSCAC Vice Chair LaVoie, Committee Member Cobb, **No:** None, **Abstain:** None.

5.3. (For possible action) Discussion regarding the Committee's visit to the Fernley Senior Center.

Assistant to the City Manager, Trisha Connor, announced that on 4/28/22 there would be a visit to the senior center for lunch. Members would need to sit at separate tables so there wouldn't be a quorum.

Sherryl Wheeler stated that she will be out of town that day.

Motion: MOVE TO DIRECT STAFF TO GO AHEAD AND COORDINATE WITH THE SENIOR CENTER FOR THE COMMITTEE TO HAVE LUNCH ON APRIL 28TH, 2022. **Action:** Approve, **Moved by** FSCAC Vice Chair Jacqueline LaVoie, **Seconded by** Committee

Member Thomas Burrous. **Vote:** Passed, **summary:** Yes 5, No 0, Abstained 0. **Yes:** FSCAC Chairman McCullar, Committee Member Holley, Committee Member Burrous, FSCAC Vice Chair LaVoie, Committee Member Wheeler, **No:** None, **Abstain:** None.

6. ADDRESS REQUEST(S) FOR FUTURE AGENDA ITEMS

Chair JF McCullar requested to discuss the hotline on a future agenda.

Committee member Tom Burrous asked about the budget for the Ice Cream social. Assistant to the City Manager Trisha Connor said the Mayor had approved it to come out of the Community Support Budget.

Chair JF McCullar announced he would be presenting at the next City Council meeting on May 4th.

7. PUBLIC FORUM

Opened a public forum. No public comments were provided.

8. ADJOURNMENT

Approved by the Fernley Senior Citizen Advisory Committee on May 13, 2022, by a vote of:

AYES 4 NAYS: 0 ABSTENTIONS: 0

ABSENT: 1

B Gosser

ATTEST: Deputy City Clerk Brenda Gosser

Jaqueline C LaVoie
Vice in lieu of
FSCAC Chair JF McCullar