



N E V A D A

AGENDA  
Regular Meeting  
Senior Advisory Committee  
Friday, May 13, 2022 • 9:00 AM

Members

Jewell McCullar Chairman  
Jacqueline LaVoie - Vice Chair  
Sharon Holley - Board Member  
Sheryl Cobb - Board Member  
Thomas Burrous - Board Member

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Fernley City Council Chambers, 595 Silver Lace Boulevard, Fernley, NV 89408

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**Zoom information:**

Please click the following link to join the webinar: <https://us02web.zoom.us/j/83631254660>, or one tap/mobile: 12532158782, Dial: 669 900 9128, Webinar ID: 836 3125 4660

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**Public Comment:** Those wishing to address the Committee may submit public comment through the online public comment form found at <https://www.cityoffernley.org/forms>, or by sending an email to [cityclerk@cityoffernley.org](mailto:cityclerk@cityoffernley.org). Comments received prior to 4:00 pm the day before the meeting will be provided to the Committee and added to the record but will not be read during the live meeting. Public comments received after 4 pm the day before the meeting will be included in the record but may not reach committee members before action is taken. Public comment, whether on action items or public comment, is limited to three (3) minutes per person. Unused time may not be reserved by the speaker, nor allocated to another speaker. The public may comment on any matter that is not specifically included on an agenda as an action item or comment on a specific agenda item. Items not included on the agenda cannot be acted upon other than to place them on a future agenda. Additionally, if you wish you can comment in person at the meeting or use the Raise your Hand feature in Zoom (\*9 if you are participating via phone).

**Accommodations:** The Committee and staff will make reasonable efforts to assist and accommodate individuals with disabilities desiring to attend the meeting. Please contact the City Clerk's Office at (775) 784-9830 in advance so that arrangements can be made.

**Supporting Material:** Staff reports and supporting material for the meeting are available at the City Clerk's Office, and on the City's website at [www.cityoffernley.org](http://www.cityoffernley.org). Pursuant to NRS 241.020(6), supporting material is made available to the general public at the same time it is provided to the Committee.

**Order of Business:** The presiding officer shall determine the order of the agenda. The Fernley Senior Citizen Advisory Committee may combine two or more agenda items for consideration; remove an item from the agenda; or delay discussion relating to an item on the agenda at any time. All items are action items unless otherwise noted. Items scheduled to be heard at a specific time will be heard no earlier than the stated time but may be heard later.

**1. INTRODUCTORY ITEMS**

**1.1. Roll Call**

**1.2. Public Forum**

**1.3. For Possible Action: Approval of Agenda**

**1.4. For Possible Action: Approval of Minutes from April 8, 2022**

**2. REPORTS**

**3. PRESENTATIONS**

**3.1. Presentation by Nevada Rural Counties RSVP Program Inc.**

**3.2. Presentations from businesses and organizations in the City of Fernley who offer services and benefits to senior citizens.**

**4. GENERAL BUSINESS**

**5. STAFF REPORTS**

**5.1. For Possible Action: Discussion and possible action regarding the Senior Citizen Advisory Committee hotline.**

**5.2. For Possible Action: Discussion regarding the Senior Citizen Advisory Committee budget for FY2022/2023.**

**5.3. For Possible Action: Discussion regarding the June Fernley Senior Citizen Advisory Committee meeting.**

**6. ITEMS REQUESTED BY COMMITTEE MEMBERS**

**7. ADDRESS REQUEST(S) FOR FUTURE AGENDA ITEMS**

**8. PUBLIC FORUM**

**9. ADJOURNMENT**

**Next Meeting: June 10, 2022 at 9 am**

**MINUTES OF THE  
FERNLEY SENIOR ADVISORY COMMITTEE MEETING  
APRIL 8, 2022**

Chair JF McCullar called the meeting to order at 09:00 AM at Fernley City Hall, 595 Silver Lave Blvd., Fernley, NV 89408.

**1. INTRODUCTORY ITEMS**

**1.1. Roll Call**

**Present:** FSCAC Chairman McCullar, FSCAC Vice Chair LaVoie, Committee Member Burrous, Committee Member Holley, Committee Member Wheeler, FSCAC Liaison Albert Torres, Deputy City Attorney Aaron Mouritsen, Assistant to the City Manager Trisha Conner, City Clerk Kim Swanson, Administrative Assistant Bailie Scott.

**1.2. Public Forum**

FSCAC Chair McCullar opened a public forum. No comments were provided during this time.

**1.3. (For possible action) Approval of Agenda**

**Motion:** MOVE TO APPROVE THE 4/8/22 FSCAC Agenda. **Action:** Approve, **Moved by** FSCAC Vice Chair Jacqueline LaVoie, **Seconded by** Committee Member Sharon Holley. **Vote:** Passed, **summary:** Yes 5, No 0, Abstained 0. **Yes:** FSCAC Chairman McCullar, Committee Member Holley, Committee Member Burrous, FSCAC Vice Chair LaVoie, Committee Member Cobb, **No:** None, **Abstain:** None.

**1.4. (For possible action) Approval of Minutes from March 11, 2022**

**Motion:** MOVE TO APPROVE MINUTES FROM MARCH 11, 2022. **Action:** Approve, **Moved by** Committee Member Sherryl Wheeler, **Seconded by** FSCAC Vice Chair Jacqueline LaVoie. **Vote:** Passed, **summary:** Yes 5, No 0, Abstained 0. **Yes:** FSCAC Chairman McCullar, Committee Member Holley, Committee Member Burrous, FSCAC Vice Chair LaVoie, Committee Member Wheeler, **No:** None, **Abstain:** None.

**2. REPORTS**

Committee Member Sherryl Wheeler spoke about the 4th of July Committee meeting and said the FSCAC will have a table at the park on 4th of July.

Chair JF McCullar met with Stephanie Wolf from Senior Center. She said FSCAC can utilize their facility and contacts to facilitate meetings. They are having a barn dance on April 16th. Chair McCullar said the FSCAC Luncheon is scheduled for 4/28/22 at 11:30 AM and they were invited to have the ice cream social at the senior center as well as an FSCAC meeting at the Senior Center. He is looking into the logistics and legalities of hosting meetings there.

Assistant to the City Manager Trisha Conner reported that Coffee with the Mayor will be next Tuesday, April 12th, at 6 PM in council chambers. City Council approved the Fiscal year 2022 Budget which included \$2,500 for this committee.

**3. PRESENTATIONS**

### **3.1. Presentations from businesses and organizations in the City of Fernley who offer services and benefits to senior citizens.**

Lea Allen and Karen Pugh came to speak from Fitness for 10. Leah reported that you need to be a member to go to their gym and insurance may cover the cost of the membership. \$34/month covers equipment and classes. She stated that both of them are personal trainers and will create plans for each individual. She said they are hired individually, separate from the cost of the gym and are not covered by health insurance.

Fitness for 10 trainer, Karen, provided a testimonial on her experience with hiring a personal trainer. She would like to offer the same services to senior citizens. All trainers will work 1 on 1 with individuals. Will try to work with payments and offer a payment plan to get the help needed. She thanked FSCAC for the opportunity to speak and stated she love to meet with the seniors at the senior center and do a sample workout with them.

Sonia Ruiz, Assistant Director of the Medicare Assistance Program, and Susana Ramirez, Program Outreach and Volunteer Coordinator, provided a presentation on Medicare improvements for patients and providers through AHN (Access to Healthcare Network). Appointments with Medicare counselors are available to help decide on the price that works best for patients with needed coverage. These counselors are available on a monthly basis on the 4th Thursday of every month and can help with questions about billing errors.

Alisha Campbell, from Big Brothers Big Sisters, provided a presentation on the services that Big Brothers Big Sisters offers to the community and how to get involved. The 4th Thursday of every month is when BBBS is in Fernley to answer questions and get people enrolled. She stated that time with kids is prioritized over expense to make sure the kids are having meaningful interactions and experiences.

### **3.2. (For possible action) Presentation to update the Committee regarding the Senior Citizen Advisory Committee newsletter.**

Assistant to the City Manager Trisha Conner explained how the City newsletter works. She said the Senior Citizen Advisory Committee newsletter could be published on a quarterly basis (Jan, April, July, Dec) and committee members would need to send articles and photos they would like in the newsletter to Trisha. Authorization would be needed if anything is being said on behalf of the committee.

**Motion:** MOVE TO DIRECT STAFF TO MOVE FORWARD WITH THE SENIOR CITIZEN ADVISORY COMMITTEE QUARTERLY NEWSLETTER PROCESS AS PRESENTED AND DISCUSSED. **Action:** Approve, **Moved by** FSCAC Vice Chair Jacqueline LaVoie, **Seconded by** Committee Member Sherryl Wheeler. **Vote:** Passed, **summary:** Yes 5, No 0, Abstained 0. **Yes:** FSCAC Chairman McCullar, Committee Member Holley, Committee Member Burrous, FSCAC Vice Chair LaVoie, Committee Member Wheeler, **No:** None, **Abstain:** None.

## **4. GENERAL BUSINESS**

There were none.

## **5. STAFF REPORTS**

### **5.1. (For possible action) Discussion regarding designating May 2022 as Older Americans Month and ensuing activities.**

Assistant to the City Manager Trisha Conner presented this item which designated May 20, 2022 as older Americans month and ensuing activities. Trisha asked the committee for ideas for activities. She stated that the Lyon County Senior Center had sent over a proclamation for Older Americans' Month. Trisha would call Stephanie to see the best date and time to have the ice cream social at the senior center.

Committee Member Tom Burrous suggested a Movie Night at the Senior Center and that staff are look into a dance for next year.

Assistant to the City Manager Trisha Connor spoke about Older Americans Month and the activities the city has planned. An Ice Cream social will be planned in May with the help of the Senior Center. She stated she would be in contact with Stephanie Wolf at the Senior Center to make preparations.

**Motion:** MOVE TO DESIGNATE THE MONTH OF MAY AS OLDER AMERICANS MONTH AND DIRECT STAFF TO REACH OUT TO THE SENIOR CENTER TO GET A DAY AND TIME FOR THE ICE CREAM SOCIAL. **Action:** Approve, **Moved by** Committee Member Thomas Burrous, **Seconded by** Committee Member Sherryl Cobb. **Vote:** Passed, **summary:** Yes 5, No 0, Abstained 0. **Yes:** FSCAC Chairman McCullar, Committee Member Holley, Committee Member Burrous, FSCAC Vice Chair LaVoie, Committee Member Cobb, **No:** None, **Abstain:** None.

## **5.2. (For possible action) Discussion to establish a Senior Citizen Advisory Committee hotline.**

Assistant to the City Manager Trisha Conner recalled that the FSCAC has discussed creating a hotline. She suggested using Trisha's line instead of a hotline. She also suggested calling it a suggestion line rather than a hotline. Trisha would receive messages then forward them to the committee.

Chair JF McCullar said that if the volume becomes too much for Trisha's line, the committee could discuss a separate line later.

**Motion:** MOVE TO SET UP A HOTLINE FOR THE SENIORS. **Action:** Approve, **Moved by** Committee Member Sherryl Wheeler, **Seconded by** Committee Member Sharon Holley. **Vote:** Passed, **summary:** Yes 5, No 0, Abstained 0. **Yes:** FSCAC Chairman McCullar, Committee Member Wheeler, Committee Member Burrous, FSCAC Vice Chair LaVoie, Committee Member Cobb, **No:** None, **Abstain:** None.

## **5.3. (For possible action) Discussion regarding the Committee's visit to the Fernley Senior Center.**

Assistant to the City Manager, Trisha Connor, announced that on 4/28/22 there would be a visit to the senior center for lunch. Members would need to sit at separate tables so there wouldn't be a quorum.

Sherryl Wheeler stated that she will be out of town that day.

**Motion:** MOVE TO DIRECT STAFF TO GO AHEAD AND COORDINATE WITH THE SENIOR CENTER FOR THE COMMITTEE TO HAVE LUNCH ON APRIL 28TH, 2022. **Action:** Approve, **Moved by** FSCAC Vice Chair Jacqueline LaVoie, **Seconded by** Committee

Member Thomas Burrous. **Vote:** Passed, **summary:** Yes 5, No 0, Abstained 0. **Yes:** FSCAC Chairman McCullar, Committee Member Holley, Committee Member Burrous, FSCAC Vice Chair LaVoie, Committee Member Wheeler, **No:** None, **Abstain:** None.

## 6. ADDRESS REQUEST(S) FOR FUTURE AGENDA ITEMS

Chair JF McCullar requested to discuss the hotline on a future agenda.

Committee member Tom Burrous asked about the budget for the Ice Cream social. Assistant to the City Manager Trisha Connor said the Mayor had approved it to come out of the Community Support Budget.

Chair JF McCullar announced he would be presenting at the next City Council meeting on May 4th.

## 7. PUBLIC FORUM

Opened a public forum. No public comments were provided.

## 8. ADJOURNMENT

Approved by the Fernley Senior Citizen Advisory Committee on May 13, 2022, by a vote of:

AYES \_\_\_\_\_ NAYS: \_\_\_\_\_ ABSTENTIONS: \_\_\_\_\_

ABSENT: \_\_\_\_\_

\_\_\_\_\_  
ATTEST: Deputy City Clerk Brenda Gosser

\_\_\_\_\_  
FSCAC Chair JF McCullar



# CITY OF FERNLEY

## Senior Advisory Committee AGENDA REPORT

**Meeting Date: May 13, 2022**

**REPORT TO:** Mayor and City Council

**REPORT FROM:** Trisha Conner, Assistant to the City Manager

**FINANCIAL IMPACT:**

Yes: No: x

**CURRENTLY BUDGETED:**

Yes: N/A No:

**FUND/ACCOUNT:**

N/A

**ACTION REQUESTED:** Motion

**AGENDA ITEM: (For Possible Action):**

For Possible Action: Discussion and possible action regarding the Senior Citizen Advisory Committee hotline.

**AGENDA ITEM BRIEF:**

In April 2022, the Senior Citizen Advisory Committee approved the creation of a hotline or a phone number a community member could call to give suggestions, comments, questions, etc. to the Committee.

**RECOMMENDED MOTION:**

"I motion to name the Senior Citizen Advisory Committee 'hotline' \_\_\_\_\_ for the purpose of \_\_\_\_\_."

**BUSINESS IMPACT (per NRS Chapter 237):**

A Business Impact Statement is not required because this is not a rule (term excludes vehicles by which legislative powers are exercised under NRS Chapters 271, 278, 278A, or 278B).

**See attached report for background, analysis, alternatives.**

**ALTERNATIVES:**

The Committee may request more information or choose an alternative mode of communication.

**BACKGROUND:**

In April 2022, the Senior Citizen Advisory Committee approved the creation of a 'hotline' or a phone number a

community member could call to give suggestions, comments, questions, etc. to the Committee in an effort to increase communication with the Senior community. Staff recommended the SCAC liaison field the calls so no additional phone line will be needed and staff is present, answering calls M-F, 8am-5pm. The Committee also discussed creating a call log, naming the 'hot-line' so it does not get confused with a crisis or resource line, and to have staff notify the Committee when the call volume is too much for staff to handle. Staff is looking for direction from the committee as to the purpose and name of the 'hotline'.

**RELEVANT LAWS, STATUTES, AND REGULATIONS:**

N/A

**FINANCIAL IMPLICATIONS:**

N/A

**ATTACHMENTS:**

None



# CITY OF FERNLEY

## Senior Advisory Committee AGENDA REPORT

**Meeting Date: May 13, 2022**

**REPORT TO:** Mayor and City Council

**REPORT FROM:** Trisha Conner, Assistant to the City Manager

**FINANCIAL IMPACT:**

Yes: No: x

**CURRENTLY BUDGETED:**

Yes: N/A No:

**FUND/ACCOUNT:**

N/A

**ACTION REQUESTED:** Receive/File

**AGENDA ITEM: (For Possible Action):**

For Possible Action: Discussion regarding the Senior Citizen Advisory Committee budget for FY2022/2023.

**AGENDA ITEM BRIEF:**

The City of Fernley tentative budget for FY2022/23 was passed on April 7, 2022 which included \$2,500 for the Senior Citizen Advisory Committee. The final budget will be brought back to Fernley Council on May 18, 2022 for final approval and adoption. Staff recommends the Committee develop a plan for the budget, keeping in mind the Committee's goals and objectives.

**RECOMMENDED MOTION:**

N/A

**BUSINESS IMPACT (per NRS Chapter 237):**

A Business Impact Statement is not required because this is not a rule (term excludes vehicles by which legislative powers are exercised under NRS Chapters 271, 278, 278A, or 278B).

**See attached report for background, analysis, alternatives.**

**ALTERNATIVES:**

The Committee may request to table the item for further discussion.

**BACKGROUND:**

The City of Fernley tentative budget for FY2022/23 was passed on April 7, 2022 which included \$2,500 for the Senior Citizen Advisory Committee. The final budget will be brought back to Fernley Council on May 18, 2022 for final approval and adoption. Staff recommends the Committee develop a plan for their budget, keeping in mind the Committee's goals and objectives. This will require obtaining cost estimates needed to meet the objectives and tasks the Committee would like to meet in FY2022/23 then bring them back to the Committee for discussion and possible action.

**RELEVANT LAWS, STATUTES, AND REGULATIONS:**

None.

**FINANCIAL IMPLICATIONS:**

Financial implications go into effect FY2022/23.

**ATTACHMENTS:**

None



# CITY OF FERNLEY

## Senior Advisory Committee AGENDA REPORT

Meeting Date: May 13, 2022

REPORT TO: Mayor and City Council

REPORT FROM:

FINANCIAL IMPACT:

Yes:

No:

CURRENTLY BUDGETED:

Yes:

No:

FUND/ACCOUNT:

ACTION REQUESTED:

AGENDA ITEM: (For Possible Action):

For Possible Action: Discussion regarding the June Fernley Senior Citizen Advisory Committee meeting.

AGENDA ITEM BRIEF:

RECOMMENDED MOTION:

BUSINESS IMPACT (per NRS Chapter 237):

See attached report for background, analysis, alternatives.

ALTERNATIVES:

BACKGROUND:

RELEVANT LAWS, STATUTES, AND REGULATIONS:

**FINANCIAL IMPLICATIONS:**

**ATTACHMENTS:**

None